2019-2020

CHEYUTHA FOUNDATION For Organ Transplants

A Passion to Help Annual Report – 2019-2020

Cheyutha Foundation for Organ Transplants (CFOT) is a social organization formed by Renal Transplant Recipients and is spread across Telangana and Andhra Pradesh states. The main motive of our society is to support patients suffering from kidney diseases requiring dialysis or transplantation.



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Cheyutha Foundation for Organ Transplants

Annual Report - 2019-20

1. From the Founder's Desk

Cheyutha Foundation for Organ Transplants (CFOT) is for people like me, whose lives have been changed irrevocably owing to kidney disease.

I was diagnosed with polycystic kidney disease during my student days. The discovery traumatized my entire family. It costed some relationships that were close to my heart. I battled with the disease for some time and managed to undergo a transplant when my aunt donated her kidney. She is my savior. She gave my life back.

It was a tumultuous journey. This journey made me go through the trauma of dialysis patients and kidney transplant recipients. I experienced the difficulty in managing finances for medical care, pre- and post-transplant challenges, unemployment, long cycles of treatment, the subdued life and a lot more. In fact, a near unsurmountable wall of challenges. It led me to think, to rise and to extend a hand to support organ receivers. That's how **Cheyutha Foundation for Organ Transplants** was born.

"I **experienced** the difficulty in managing finances for medical care, Pre-andpost-transplant challenges, unemployment, long cycles of Treatment, the subdued life and a lot more.

In fact, the near unsurmountable wall of challenges. It led me to think, to rise and to extend a hand to support organfailure and organ receivers. That's how Cheyutha Foundation for Organ Transplants was born". --Bhagawan Reddy



The main aim of CFOT is to create a robust system to facilitate awareness about organ failure issues, prevention of the cause, identification of the disease, employment for the qualified patients, medical treatment and rehabilitation for kidney recipients and dialysis patients.

CFOT was started in 2015 and formally incorporated as a society in January 2018.

We are a community consisting of patients suffering from CKD, family members of CKD patients, doctors, stakeholders offering services like treatments, patients-to-hospital connections and relevant medical agencies.

Educating members about the new treatments, supporting the needy patients, providing medicines at a subsidized cost, supplying dialyzer kits to the patients undergoing dialysis and assisting with regular health check-ups are our organization's top priority.

We are also associated with the "Kidney Warriors Foundation" to extend our services to patients across India.

2. Message from the Co-founder

Cheyutha Foundation for Organ Transplants (CFOT) is an organization which opened doors to all thekidney patients who could not afford dialysis, kidney transplant, treatments, and medical support. I was diagnosed with IGA Nephropathy and was the Jeevandan Organization helped me secure a kidney.

My disease and the path to recovery inspired me to join Bhagawan Reddy in supporting kidney patients and organ donation.

"IGA Nephropathy ruined my entire career and lost my hope. I received a cadaver organ. Since my parents were unfit to donate a kidney, I choose Jeevandan as an alternate route to receive a kidney.

I registered in both Telangana and Andhra Pradesh states for a cadaver organ. By God's grace, a young boy (brain-dead) gave me a life back by donating his organs in Andhra Pradesh. The transplant gave me a boost to start the "Cheyutha Foundation for Organ Transplant" with Bhagawan after we met unexpectedly.





3. Vision

Our vision is to save and improve the lives of patients with chronic kidney diseases (CKD).

4. Mission

Our mission is to educate, support, research and improve kidney health.

5. How We Came into Being

A proposal started in 2015 with a small meet up between a transplant recipient Mr. Bhagavan Reddy (Founder) and a dialysis member Mr. Kiran (Co-founder) at NIMS hospital to save and improve the lives of kidney patients.

We started with a WhatsApp group of ten members. Within a short period, we have gathered more than 350 transplant recipients, more than 160 dialysis members, a couple of nephrologists and dialysis technicians.

Our vision was formalized when we formed the **Cheyutha Foundation for Organ Transplants** in 2018.

6. Focus

Our focus is to:

6.1. Prevention is better than Cure

- 1. Create awareness about the End Stage Renal Disease (ESRD) by conducting workshops and events to know the impact of the disease and it's prevention.
- 2. Gather information and updates on the science of kidney failure, constant update of knowledge and on-going research and disseminate information among patients in India and if needed beyond the boundaries of India.
- 3. Conducting frequent kidney screening camps for early detection of the disease.

6.2. Transplantation for a good cause

- 4. Empower patients through education about the resources available in the form of government subsidies, ESI benefits, availability of medicines, resource & infrastructure in hospitals & clinics.
- 5. Conduct meetings, workshops, seminars, events like and health check-up camps & conferences to educate people on transplant/donation in Telangana, AP & all over India to increase the reach of the society's work.
- 6. Provide financial assistance to kidney patients and Organ Donors.

6.3. Support dialysis time and Post- transplantation

- 7. Interact with patients to bring change in diet, medications, and tests essential for combating the disease and understand the issues faced by patients.
- 8. Provide direct and indirect financial assistance to kidney transplant recipients.
- 9. Help patients to get jobs so that they can be financially independent.
- 10. Distribute medicines, dialysis kits at subsidized rates; rehabilitate kidney transplant recipients and dialysis patients and arranging follow-up health check-ups for them.

6.4. External support by Long-term plans

- 11. Interact with Government bodies on matters of organ transplant, enhancing in organ donation laws for coverage of the scope of organ transplantation.
- 12. Interact with trade unions and private organizations for bringing relief through labor laws, and exemptions that the society deems to be necessary for patient rights and dignity.
- 13. Make efforts to ensure that the Government of India, the public sector industries, and private sector industries recognize CKD patients by providing them with special arrangements to manage their healthcare, opportunities to transplant and dialysis patients to work and rehabilitate the patients.

7. What We Do

We are making a difference in the lives of patients who are suffering from kidney diseases and are awaiting a transplant or have received a transplant.

We know that this is a huge challenge and our work yields better results when we joinhands with other NGOs who complement our efforts.

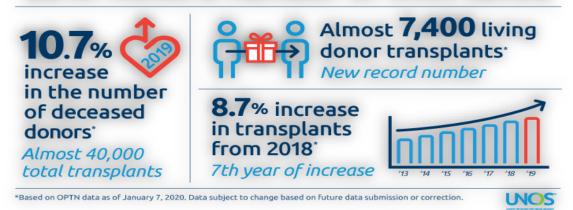
Here is a look into what chronic kidney disease is all about.

7.1. About Kidney Diseases and Treatments

Kidney diseases such as Chronic Kidney Disease (CKD), Nephrotic syndrome, Acute & polycystic kidney disease damage kidneys and affect the waste elimination process in the body.

Consequently, the patient may develop complications like high blood pressure, weak bones, poor nutritional health, and damage to the nervous system. Also, kidney disease increases the risk of cardiovascular diseases. And, eventually even death also.

2019: Record number of lives saved



- A patient can receive a kidney from a living or dead (cadaver) person. It is well known that kidneys from living person function far better than cadaver organs. Consequently, the former has nearly zero complications than the latter category.
- According to The Better India (www.thebetterindia.com), more than 1,50,000 Indians are estimated to be in need of a kidney transplant, but only 5000 people receive a kidney.

(Source: https://en.wikipedia.org/wiki/United_Network_for_Organ_Sharing)

7.2. Dialysis

- According to <u>Vikaspedia</u>, an initiative by the government of India, every year about 2.2 Lakh new patients of End Stage Renal Disease (ESRD) get added in India resulting in additional demand for 3.4 crore dialysis every year. With approximately 4950 dialysis centres, largely in the private sector in India, the demand is less than half with existing infrastructure.
- Since every Dialysis has an additional expenditure tag of about INR 2,000, it results in an annual expenditure to the tune of Rs.3-4 lakhs for a patient. Besides, most families have to undertake frequent trips, and often over long distances to access dialysis services incurring massive travel costs and loss of wages for the patient and family members accompanying the patient. Practically this leads to a financial catastrophe for all families with such patients. With the substantial gain in quality of life and extension of progression-free survival for patients, families continue to stretch financially to make large, out-of-pocket spends.
- It has been felt that both in terms of provision of this essential life-saving procedure and alsofor reducing impoverishment on account of out-of-pocket expenditure for patients, a dialysis program is required.

Cost of Dialysis

Treatment	Private Hospital / Month INR	Government Hospital/ Month INR
Dialysis	20,000 to 35,000	Free
Fistula Surgery cost for dialysis	15,000 to 30,000	4000- 5000
Medicines	8000	5000

• Dialysis restricts patients from having an active life. And the best alternative for dialysis is kidneytransplantation.

7.3. Kidney Transplantation

A kidney transplant can free you from long-term dependency on dialysis and the strict schedule thatgoes with it. However, kidney transplantation is not suitable for everyone. This includes people with infections and those who are severely overweight.

A kidney patient can receive organs from a brain-dead person (cadaver organ) or from a live person (liveorgan).

Cost of Transplantation

Treatment	Private Hospital INR	Government Hospital INR	
Transplantation cost	6 to 14 lakhs	1 to 2 lakhs	
Lifelong medication	10,000-15,000 per monthAfter 5 years cost will be up to 5000-9000 per month		
Regular Follow-up cost	2000 to 3000 per month for Lifelong lab tests & follow-up visits to the doctor		

8. Major Activities

8.1. Kidney screening camps

Problem: Symptoms will come after only Kidney failure, so through regular checkups we can find the disease earlier

Actions for Solution:

- We have organized kidney screening camps in collaboration with care for your kidney foundation of Star hospitals at GMR Varalakashmi Foundation, Shamshabad, Rangareddy district, Telangana state on 11th December, 2019 and 28th February, 2020.
- In these 2 camps, we have screened
 461 candidates, and no one is
 diagnosed with kidney disease, but
 few have diagnosed with Blood
 Pressure (BP), few are diagnosed
 with sugar (diabetic) and most of
 the women are facing anemia
 problem.
- We are diagnosing Blood Pressure, sugar test, Serum Creatinine, Blood urea, and urine culture worth of Rs.1000/- each









• In the screening participants are from different districts across Telangana state and age group is from 20-40.

8.2. Providing Fistula Belts and Erythropoietin Injections to dialysis Patients

Problem: After each dialysis every patient need to use these belts for blood flow control and take these injections for blood improvement, but these are very costly and every alternative day they must use

Actions for Solution:

- Distributed fistula Belts & injections with the support of our founders family members
- We have distributed in NIMS Hopsital, Gandhi Hospital, Star Hospital, Care Hospital and Govt. established dialysis centres in districts area hospitals













• More than **500 patients** have benefitted with this support worth of Rs. 500/- each.

8.3. Creating awareness on Live Organ donation

Problem: Most of the patients are feared to donate live kidney due to **false rumours** like **life is very less** compare to normal person but this is false.

Actions for Solution:

- As a kidney transplant recipient, we are going to their families and representing as a model for live organ transplant recipient and sometimes we are going with donors.
- We are motivating dialysis patients register with Govt. scheme "Jeevandhan" for cadevor organ, If the family blood group does not match with diseased patient blood group.





 8 dialysis patients got kidney transplantation with live kidney donation of family member with the support of our motivation.

దుకు ఎవరైనా ముందుకు రావచ్చు.

8.4. Nutritional Secrets Book

Problem: Diet plays a key role on maintain healthy kidney in different stages of kidney failure.

Actions for Solution:

- Kidney Warriors Foundation has launched this Nutritional Secrets Book at Bangalore on 6th April, 2019 with Nephrologists, Dieticians, founder members, dialysis patients and post kidney transplant recipients
- This book has developed by Kidney Warriors Foundation CEO and a kidney donor Ms. Vasundara Raghavan, and a senior dialysis patient Late Mr. Vishal Gandhia.
- Inputs from senior dieticians,
 Nephrologists, and senior patients to develop good diet book for initial stage to end stage renal failure and post kidney transplants.
- The same book we are translating in Telugu language and very soon we will launch

8.5. Providing immunosuppressant drugs to kidney transplant recipients

Problem: Transplant recipient need to use for lifetime immunosuppressant drugs to anti-reject graft kidney for every 12 hours and these are costly

Actions for Solution:

Provided immunosuppressant medicine worth of Rs. 69,000/- to 36 transplant recipients with the support of group members, medicine donors and kidney warriors foundation

Travel time Medicine arrangement:
 Sometimes patients can forgot their medicine while travelling. We have arranged the same in travel time with the support of what's app group members. Till now received requests from 5 group members.









- Dose Changes time medicine exchange /donation to poor patients: Every 2-3 months
 transplant recipients can go for regular health checkups and Doctors will suggests to change
 their medicine dosages if required.
- Arrange medicine to required patients with exchange facilities within group members. Received medicine exchange requests from 18 group members
- Adopt a transplant recipient initiative: we have arranged medicine to poor kidney transplant
 patients with the support of this initiative and 13 group members benefitted.



8.6. Memorandums submission to Public Representatives in Telugu States

Problem: Most of the kidney patients are suffering to purchase Immunosuppressive drugs. These drugs are costly and every transplant recipient need to take every 12 hrs till lifetime to save transplanted kidney (Graft kidney) to stop the rejection.

Actions for Solution: We met and submitted request letters to different Govt. Officials and public representatives in Telangana and Andhra Pradesh states

Andhra Pradesh State

- Y.S Jagan Mohan Reddy at "Praja sankalpa Yatra" in different districts
- Few Ministers/ MLAs/ MLCs / MPs at constancy wise
- NTR/ Arogya Sri Trust CEO, Andhra Pradesh
- District Medical Health Officers (DMHOs), Andhra Pradesh

Telangana State

- Arogya Sri Trust CEO, Telangana
- Mr. Eatala Rajender, Helath minister, Telangana
- Mr. Harish Rao, finance minister, Telangana
- Dr K. Ramesh Reddy, Director of medical education, Telangana
- Ms. A Shanthi Kumari, Chief secretary for health, Telangana
- Dr. T. Gangadhar, OSD, Health minister, Nephrologist- NIMS
- Dr. G. Swarnalatha, In-charge Jeevandhan, Senior Medical professor
- Dr. Sree Bhushan Raju, Senior Nephrologist- HOD NIMS Hospital

















8.7. World Kidney day Program-Water Glass Challenge

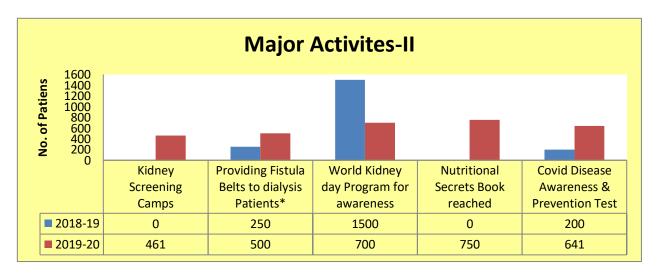
Problem: Most of the kidney failures are happening due to insufficient water intake to human body.

Actions for Solution:

- This initiative has been taken on behalf of world kidney day-2020
- Water should be drunk in small dosages but regularly during the day
- It segregates the solids, chemical wastages and helps in effective filtration by kidneys
- Water challenge: 7 days 8 glasses of water daily is a perfect solution for people to continue the same motto to save their kidneys



Major Activities-I No. of Patients Memorandu **Providing** Financial ms Virtual Erythropoieti Creating immunosupp support to submission Health n Injections awareness on ressant drugs kidney to Public Check-ups -2 to dialysis Live Organ to kidney transplant Representati programs **Patients** donation recipients patients ves in... 4 2018-19 25 80 50 ■ 2019-20 26 36 37 165 120 250



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9. Success stories

9.1. Pension to kidney transplant recipients, Andhra Pradesh

We have submitted request letter to Sri. Y.S Jaganmohan Reddy on his "Praja sankalpa yathra" to help kidney patients with the support of our foundation group members.

After Electing as a Chief Minister of Andhra Pradesh state, we have submitted letters to ministers, MLAs and MP in constancy wise. Then after, Arogya Sri trust CEO has started a program named "Dial your Arogya Sri CEO" to find the health issues of Andhra Pradesh people on every Thursday.

We have used this is an opportunity to solve our problems, then started calling to "Dial your Arogya sri CEO" program on every Thursday till solve our problem. More than 100 members called and informed our problems on purchasing life time immunosuppressant medicine from our foundation.

After calling 2 weeks, they have organized a meeting with CM's Personal secretary on 4th Dec, 2019 for this meeting they have invited us on to attend and tell our problems, and after promised us on helping below requests.

- Providing medicine to all kidney transplant recipients for their life time as per doctor prescription in district area hospitals.
- Providing pension to all kidney transplant recipients for their lifetime.

For this meeting around 70 members have attended from our foundation at Arogya sri trust office, Guntur.

Finally, Government has released a G. O. RT No. 664 on 19th December, 2019 on extending financial assistance Rs. 5000/- every month to Kidney/ Liver/ Heart transplant patients for their life time from January 2020

గురువారం, 5 డిసెంబర్ 2019, గుంటూరు∎

కిడ్డి రాగులను ప్రభుత్వం అన్ని విధాలా ఆదుకుంటుంది

🖈 సిఎంఒ ప్రత్యేక అధికాలి హలికృష్ణ

గుంటూరు, డేసెంబర్ 4: కిడ్పీ రోగు లను ద్రభుత్వం అన్ని విధాలా అదు ಕುಂಟುಂದರಿ ಮುಖ್ಯಮಂಡಿ ಕಾರ್ಡ್ಡ್ లయ ప్రత్యేక ఆధికారి డాక్టర్ హరికృష్ణ పేర్కొన్నారు. డాక్టర్ పైఎస్ఆర్ ఆరోగ్య కేర్ ట్రస్ట్ సిజు. మళ్లికార్మనతో కలిసి తమను పంపించారని తెలిపారు. కేడ్నీ ఆసరా కోసం పెన్షన్ ఆందించాలని ఆసరా పథకం ప్రారంభోత్సవ కార్యక్ర చుట్కగుంటలోని ఆరోగ్యశ్రీ రాష్ట్ర రోగులు మాట్లాడుతూ ఆరోగ్యశ్రీ కోరారు. సీఎం జగర్నోహనరెడ్డి ఆన్ని మానికి సీఎం గుంటూరు ప్రభుత్వాను. కార్యాలయంలో కిడ్నీ మార్పిడి రోగు. ద్వారా కిడ్నీ మార్చిడి చేయించుకున్న. వర్గాల వారికి సంక్షేమ పథకాలు ప్రతికి ఈనిల 2వ తేదీన వర్సారు. లతో సమావేశమయ్యారు, ఈ సంద వారికి ఒక ఏడాది మాత్రమే మందులు అమలు దేస్తున్నారన్నారు. మానవతా ఆయన్ను స్వయంగా కలిగి సమస్యలు - ర్బంగా డాక్టర్ హరికృష్ణ మాట్లాడుతూ - ఉదితంగా - ఇస్తున్నారన్, మందులు - దృత్తదంతో కిడ్నీ మార్పిడి రోగులకు విన్నవించుకునేందుకు కిడ్నీ మార్చిడి పొడయాత్ర సమయంలో ఎంతో వైద్యుల సూచనల ప్రకారం జీవి పాయం అందించాలని కోరారు. కిడ్నీ రోగులకు సాధ్యపదలేదు. ఈ విష నుంది కిడ్నీ వ్యాధి గ్రామ్లలు, కిడ్నీ తాంతం వాడాల్స్ ఉందని, దీంతో ఆర్థి మార్పిడి రోగుల సమస్యలను నివేదిక యాన్స్లి తెలుసుకున్న ముఖ్యమంత్రి మార్పిడి రోగులను సీఎం కలికారని, కంగా ఇబ్బందులు పడుతున్నారు. రూపంలో ముఖ్యమంత్రి దృష్టికి తీసు వారు కోరుకుంటున్న నహాయం వివ ఆర్థిక పరిస్థితులను స్వయంగా రూశా. కిడ్నీ మార్పిడి ఆవరేషన్ల ఆరోగ్యక్రీ, సానుకూల నిర్ణయాలు తెలియజేస్తా రాలు ప్రత్యక్షంగా తెలుసుకుని రావా రన్నారు. అందుకే కిడ్నీ మార్పిడి పథకం ద్వారా చేయక పోవడంతో లని సీఎంఓ ప్రత్యేక అధికారి హరిక్స్ రోగులు సమస్యలతో జెబ్బందులు ఉన్న అన్నులను అమ్ముకుని వైద్యం లకు తెలిపారు. ఈ కార్యక్రమంలో



హాజరైన రోగులు, సమావేశంలో మాబ్రాదుతున్న సిఎంఒ ప్రత్యేక అధికాల డాక్టర్ హలకృష్ణ, పక్కన మళ్లికార్జున,

హనరెడ్డి డుభుత్వం నుండి వారి ఆరోగ్య సమస్యలు, కుటుంబ చ్చారు. గత ఐదు సంవత్సరాలుగా కెళ్లి వారి సమస్యలను పరిష్కరించేలా ష్టను ఆదేశించారు. దీంతో బుధవారం. పడుతున్నారని ఆయన దృష్టికి రాగానే. చేయించుకోవాల్సి వెచ్చిందని, దీంతో వివిధ జిల్లాల నుండి వెచ్చిన 70 హరికృష్ణ, పైఎస్ఆర్ ఆరోగ్యత్రీ హెల్తే. సమస్యలు తెలుసుకుని రావాలని తమ కుటుంబాలు చిన్నాటిన్నమయ్యా. మంది కిడ్నీ బాధితులు పాల్గొన్నారు.

ಯನಿ ಅವೆದನ ಪ್ರಕ್ಷಂಪೆಕ್ಟಾ ಕಿದ್ದೆ మార్పిడి చేయించుకోవడం వలన సాధారణ జీవనం గడిచే ఆవకాశం లేక, ఉద్యోగాలు సైతం కోల్ఫోయామ న్నారు. ఆరోగ్యశ్రీ ద్వారా, డబ్బులతో కిడ్పీ మార్పిడి చేయిందు కున్న వారికి ప్రతివేలా మందులు ఉచి ಶಂಗ್ ಅಂದಿಂದದಂಡ್ ಘಟು ಅಧಿಕ మని డాక్టర్ హరికృష్ణ కిడ్నీ బాధితు

DOC & PATIENT ON MISSION

Yusra.Hussain@timesgroup.com

na country where organ donation numbers are still significantly low, Dakoori Bhagavan Reddy reminds us how a simple gesture can save lives. Meet the 36-year-old whose journey – on this path to help poor kidney patients – started after life dealt him two blows. The first at the age of 19 when he lost his sister to kidney failure and the second in 2006 when he developed a kidney disease, owing to a genetic problem.

"I lost my sister because there

weren't any donors available. Later, when I too was diagnosed with polycystic kidney disease, I was put on lifetime medication

and the expensive drugs took a toll on me. Then in 2012, one of my aunts donated her kidney to me. That's when I realised I have to promote organ donation and transplantation," says the founder of Cheyutha Foundation for Organ Transplants, that operates across Telangana and AP.

From organising campaigns and free screening camps to donating medicines, visiting slums, busting myths around organ donation and transplantation, and even providing jobs, Reddy's foundation has helped over 200 people since it was started in 2015.



After losing his sister to kidney failure, and himself being diagnosed with the disease, he now

Champions the cause of organ donation

Formed with the help of four renal transplant patients, the group now has over 750 members. Reddy is working on a plan to provide night shelters to those who come to the city from far districts for medical treatment.

Reddy's efforts have touched many.

Among them is Mohammed Iftekharuddin, an electrical draftsman, who said, "I was on dialysis for six years. I lost my job. I spent more than I earned on my treatment. Bhagavan helped me get a job at Reliance Digital. I am now a beneficiary under ESI," he said.

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I am Miriyala Srinivasa Rao, 41 years old working in Marketing profession. Born in Manchiryala District and residing at Kazipet, Warangal Dt with my Wife, 2 Daughters and a Son. We are a very Happy family.

On 27th Dec'2019, suddenly I was hospitalized with fever and vomiting. As per our knowledge it might be due to eye-vision effect. Immediately Doctor suggested to go all the necessary medical investigations and confirmed it is Renal failure on 28th Dec, 2019, and started dialysis at SVR Hospital, Hanumakonda by Dr. Venkata Ramana.

I think I came to conscious after 2 days and I was mentally depressed so much I could not even think anything other than my future and my family. Doctor has given two options i.e., either choose **Dialysis** for life time which is a Temporary solution or select **Kidney Transplant which is one time solution and it is permanent**. But my mind was filled with so many questions, how to get a Kidney as I don't have enough blood relatives in my list and not enough money to go ahead. If I choose cadaver Transplant by Jeevandan scheme of government there was a big list. At that moment of conflict, my wife shower her Love upon by accepting to donate her Kidney. But the Transplant cost worried us and caused to take a back step.

The cost of Transplant at Yashoda Hospital, Hyderabad was around Rs. 10 to 12 Lakhs and it is unbearable burden to us. As after Transplantation also there are huge amount to be spent for treatment and medicines for at least 3 years without miss.

With no clue in mind we are waiting for a help who can give us motivation in all respects to move on with a Brave heart. Accidentally I met Mr. Bhagavan Reddy & Mr. Kiran, the Founders of the Cheyuta Foundation, they counseled me and my family members regarding Kidney Transplantation, it's cost implications and after life for almost three hours. Mr. Bhagavan Reddy had discussed in detail about me and my financial condition with Dr. Rajasekhara Chakravarthy of Star Hospital, Hyderabad. With his effort the cost of my Transplantation came down to Rs.6 Lakhs. This is a big amount to us and very much thankful to Mr. Bhagavan the founder of Cheyutha Foundation for Organ Transplants.

And within a short period from dialysis, finally on 4th Mar'2020 I was transplanted with my Wife's Kidney. Now I am with very good health.

I am very much thankful to Dr. Rajasekhara Chakravarty for his caring treatment, and especially I bow to Mr. Bhagavan Reddy's encouragement which is unforgettable and everlasting motivation for Life to lead with courage and determination.

Now I am normal (Miriyala Srinivasa Rao) along with my Donor, my wife (Mrs. Rajitha - with 'can do attitude') and I can do all my work as before.



Mrs. Rajitha W/o Srinivasa Rao, Kidney Donor



Mr. Srinivasa Rao, Kidney Recipient



Mr. Bhagavan Reddy, Founder Cheyutha Foundation For Organ Transplants met me in hospital to motivate me, and my family. And also discuss with Dr. about my health condition and concession of my transplant surgery.

9.4. Recognizing Cheyutha Foundation at the Birth Centenary Celebrations of Dr. M. Channa Reddy at Shanti Sarovar (Brahma Kumaris) on Dec 22, 2019





Statesman * Visionary * Administrator * Spiritual Seeker * Humanitarian

15th December, 2019

To,
The Management/The Board Members
CHEYUTHA FOUNDATION

Dear Sir.

Dr. Marri Channa Reddy, during his illustrious Career spanning over five decades, was, among others, a freedom fighter, twice the Chief Minister of Andhra Pradesh, Governor of five States and a Union Minister. Dr. Channa Reddy was associated with several **Spiritual** and **Welfare** associations working towards betterment of humanity. In the process, he was closely associated with Brahma Kumaris for more than twenty years. It had been a very personal and affectionate relationship which is revered across the Brahma Kumaris Organisation even today. He was instrumental in the setting up of the **Gyan Sarovar** at Mount Abu.

Your **esteemed organization** which works on Organ donation with Special focus on kidney donation . We also have been associated with you over the past several years. We would like to recognize you at the **Birth Centenary Celebrations** of Late Dr. M. Channa Reddy being enthusiastically organized by the **Brahma Kumaris** along with the family members of Dr. Reddy at **Shanti Sarovar**, Financial District, Gachibowli, Hyderabad on **December 22**, **2019** between 5 pm - 8 pm.

The program at the magnificent, "Global Peace Auditorium", Shanti Sarovar would have over 1,500 guests and include cultural programs incl. programs by children with special abilities, video/photo documentary, talk on the association of Dr. Reddy with the Brahma Kumaris, Recognition of individuals as well as organizations pursuing "SEVA", photo gallery, etc. The program will conclude with dinner.

Yours Sincerely,

Vasudha
K. Vasudha Devi
(Daughter of Dr. M. Channa Reddy)

K. Krishna Reddy
K. Krishna Reddy
(Founder CSR Memorial Foundation)
9000 303003



Dr. B.K. Mruthyunjaya Executive Secretary, Brahma Kumaris, Mt. Abu 94141 54848

301, Megacity Residency, 3-4-615, Narayanaguda, Hyderabad – 500029, INDIA 91-9000303003, 9000723636, www.channareddy.org

10. Information about the Players in Organ Transplantation

We have been educating patients and their families about the following facilities available for patients.

10.1. How to Donate or Receive an Organ

Most of the patients don't know about the government schemes that facilitate organ collection from **Brain dead people and other donors. Today,** all the state governments and government of India are running various schemes for organ collection and send the same to hospitals for patient transplantation:

National Organ and Tissue Transplant Organization (NOTTO): is a national level organization set up to support coordination and networking for procurement, allocation and distribution of organs and tissues. It maintains a national organ & tissue transplantation registry and a national biomaterial bank, also known as the national tissue bank.

Jeevandan Organisation: Proposed by the Cadaver Transplantation Advisory Committee (CTAC) gives a fillip to organ transplantation. Jeevandan is a state-level organization set up in Andhra Pradesh and Telangana.

10.2. Government Schemes

Chief Minister's Relief Fund (CMRF) and health schemes offered by governments of Telangana and Andhra Pradesh provide various degrees of coverage. Some schemes are:

- Employee Health Schemes(EHS)
- Arogya Sri Scheme for the poor below the poverty line
- Employees' State Insurance Scheme(ESI)
- Financial assistance scheme by Govt. of Andhra Pradesh
 - Govt. of Andhra Pradesh is providing Financial Assistance Rs.10,000/- to Dialysis Rs. 10,000/- per month and Rs. 5,000/- to Organ Transplant recipients.
- Medicine support by Govt. of Telangana
 - Govt. of Telangana is providing immunosuppressive medicine to BPL category people through the Arogya Sri Scheme. In this regard, we are guiding patients to collect medicine from Arogya Sri worth of Rs. 9,500/- on MRP Basis per month.

10.3. Public Transport

Indian railways provide free or concessional travel facilities to patients and caretakers.

The Ministry of Railways offers concession in basic mail/express fares to kidney patients when travelling alone or with an escort, for dialysis, kidney transplant operation.

The element of concession will be 75 % in first class, AC 3-tier, AC chair car, second class sleeper and 50% in AC first class & AC-2 tier sleeper. The same concession will be possible for return also after dialysis and kidney transplant operation. One escort with every patient will also be eligible for the same concessional fares.

Telangana Govt. is issuing Bus passes to dialysis patients to reach their dialysis center for from their hometown on regular dialysis.

10.4. Awareness Camps

Organ Donation: We conduct awareness camps in corporate offices and colleges with the "Be an Organ donor" caption. Motivating family members to donate their organs and save diseased patients in their family.

Blood Donation: We organize blood donation camps and arrange for blood in case of an emergency for kidney patients. We have a tie-up with Ram Blood Bank in Hyderabad to support us.

Health Awareness: We organize health camps in rural areas to educate people.

10.5. Creating Placement Opportunities

We request employers to provide opportunities to patients, and patients to work & sustain their life through the employee benefits such as ESI enrolment to get free medicines, investigations and surgeries.

Conducting Job Fairs: We mobilize unemployed patients and invite employers to recruit suitable candidates through appropriate events.

We post new recruitments information in our social media groups and send candidate resumes to organizations for their jobs.

11. Meetings with different Patients

- 11.1. Nephroplus organized the Aashayein-2019 program on 14th April, 2019 at Hyderabad.
 - We have participated from our foundation to improve our services and understand the problems of dialysis patients and how best we help them.
 - "Acquired the knowledge through this program."
- 11.2. We conducted several meetings with the staff of CFOT, and kidney patients in different locations:
 - a. Ravindra Bharathi, Hyderabad
 - b. Star Hospital,
 - c. Care Hospital,
 - d. NIMS hospitals
 - e. Secunderabad
 - f. Guntur
 - g. Vijayawada

















12. Media Gallery





13. Partner Search

We contacted the organizations listed below and explored opportunities for partnerships.















Partners Engaged

- Kidney Warriors Foundation, All India
- Kidney Patients Support Foundation, Chennai
- Human Care Foundation, Delhi
- Kidney Foundation, Kerala
- Sunny Foundation, Kerala
- Kidney Care Foundation Society, Rajasthan
- LIFE NGO, Telangana
- Mohan Foundation, All India
- Star Hospital
- Care Hospital

14. How to Donate and Volunteer with Us

To help our cause, you can either volunteer or donate. To volunteer, call:

Mr. Kiran Kumar, +91-9491819491

Mr. Bhagavan Reddy, +91-8328605200

To donate, use the following details:

Bank Name : HDFC BANK

Account No : 502 000 5380 7650

AC Name : Cheyutha Foundation for Organ

Transplants

Branch : Kondapur

IFSC Code: HDFC0002019

Google Pay or Phone Pay No : 8328605200

UPIId : cheyuthaorgan@ybl

